



Do you spin around in circles?

Does the world spin around you?

Is your head swimming?

Are you nauseated?

Are you very sensitive to light or any changes in lighting?

Are you very sensitive to sound or any changes in sound?

Do sounds make you dizzy?

# VERTIGO & BALANCE CLINIC



- 15% of the general population suffer from balance disorders (Biswas 2015)
- Prevalence is 1.8% in young adults & > 30% in the elderly (Sloan, P 2001)
- 65% of individuals (> 60 years of age) experience dizziness or loss of balance; often on a daily basis (Hobeika, 1999)

## We perform:

Subjective vestibular assessment  
Objective vestibular assessment  
c-VEMP  
o-VEMP  
v-HIT  
ENG (Saccade test, Smooth Pursuit test , Positional test  
-Optokinetic test, Caloric test)

Vestibular Rehabilitation Training For Peripheral causes  
BPPV Maneuver And Exercises

- Semont Maneuver
- Brandt Deroff Maneuver
- Eply Maneuver

(age group of children to geriatric population)

Dr. S. R. Chandrasekhar Institute of Speech and Hearing (Dr.SRCISH), is one of the leading clinical and academic Institutes in India. It was established in 1977, and since then has been dedicated to providing services to persons with hearing & communication disabilities.

The institute has embarked a new initiative of starting a “vestibular clinic” from 17th September 2018. This initiative is stemmed out of patients attending this institute for audiological evaluation in many of whom vertigo/giddiness is a common associated symptom. Balance is very crucial to an individual for self-independence and loss of balance has effects on many spheres of life. This soon takes a toll on the patient’s quality of life. The clinic provides a means to assess and treat those with balance disorders.

A multi-disciplinary approach in terms in assessment and treatment of these individuals are essential for a holistic understanding of the nature of the problem, treatment goals and outcomes. Realizing the high number of individuals suffering from vestibular symptoms and disorder, our institute has taken a step forward towards starting a vertigo and balance clinic.

**Dr. S. R. Chandrasekhar Institute Of Speech And  
Hearing**

Hennur Main Rd, Near Petrol Pump, 1st Stage,  
Lingarajapuram, Bengaluru, Karnataka 560084

Ph.No: 080 2546 0405

[www.speechear.org](http://www.speechear.org)

